

# Magdalena Healing



This is an exciting quantum moment for our program as Sai Maa has now indicated that we may offer Magdalena Sessions remotely!

Note that the protocol for a single practitioner is the same as if you were in person and should last approximately 35 minutes. Please be sure to have the person lay down comfortably at the specified time to receive their session.

## Protocol for Offering A Remote Magdalena Session:

1. Set aside a specific space and time for the session.
2. The client should have filled out all of the paperwork for the session and returned that information to you in advance. In extreme cases (ie hospice) you may get verbal permission from them or the family.
3. Optional: You can send the client a link to the YouTube version of the Devi Prayer by Craig Pruess <https://youtu.be/HFBomBJxo9c> and have them begin the music at a designated time. (This music runs for 41 minutes)
4. The client should be laying down at home or someplace quiet where they can welcome this sacred energy.
5. As a practitioner, create a sacred space with an altar, a candle, some beautiful music (recommendations are on the website or you can use the Devi Prayer).
6. Prepare yourself the same as you would for an in-person session.
7. Use the same protocol as you would in person.
  - Start in prayer position, activate Magdalena hands, pillar of Light & Violet Flame
  - Sweep the body
  - Center the body
  - Approach the sides of the body and start with the aura
  - Begin with the lower chakras then make your way up to the throat chakra
  - Organs, joints etc.
  - Move to the head
  - Ground the client at the feet
  - Move to the side of the body, and stabilize the energy in the body
  - Offer gratitude to the client
  - Offer remote Diksha
8. Note: If the client is very frail, or a child you may modify the duration of the session.
9. Any concerns should be immediately communicated to [support@magdalenahealing.com](mailto:support@magdalenahealing.com).

# Magdalena

## Healing



### Certified Practitioners

- Certified practitioners may charge for remote sessions - it is recommended that the price be the same as what you are charging for in-person sessions.

### Student Practitioners

- Student Practitioners may not charge for sessions, either remote or in-person.

In addition:

- Log into the website and review the video and all of the requirements on the certification section
- It is strongly recommended that you print out the exact protocol so that you can follow it exactly as you are learning.
- **Student practitioners should FIRST offer a remote session to two of your Magdalena colleagues and ask for honest feedback from them.**

### After the session

- Check in with the client (within 24 hours depending on the situation), allow them to share with you (offer no advice!)
- Send them the link to fill out an evaluation form (remember if they don't fill out a form it won't count towards your 25 sessions)
- Remember all of these links and further instructions can be found in the student section of the website.



## Sessions for Certification

- **Those who are in the process of offering their 25 practice sessions can now offer up to 15 of those sessions remotely. (Note: your two sessions with your Magdalena colleagues count as 2 of your 15. Group sessions do not count towards your 15 sessions.)**

## Group Sessions

Both student and certified practitioners may offer group sessions.  
**The protocol is the same as above.**

In addition:

- **Maximum of 3 practitioners at this time**
- One person is identified as the lead practitioner and sets up the session (time, zoom, permissions, music, etc.)
- Group comes together on zoom, 20 minutes prior to the session to review protocol and create a healing grid for the session
- Optional: If the client is unknown to the practitioners, a practitioner can share their photo on Zoom as long as they have permission from the client.
- Lead practitioner assigns roles: 1 person at the head, 1 person at the body, and 1 person at the feet. If there are only 2 practitioners, 1 person at the body first and then moves to the head. The second person stays at the feet.
- Another option: The Lead practitioner has a massage table and silently leads the group together through the protocol on Zoom.
- Devi Prayer can be played in the background
- **IMPORTANT: Group sessions are shorter, usually 20–25 minutes total.**
- Both the lead practitioner and the body practitioner sweep the body, the head person centers it. The head person works on the heart and throat chakra for 5-7 minutes prior to moving to the head. (Maximum time at the head is around 12 minutes which includes stabilizing)
- Within 24 hours the lead practitioner checks in with the client, completes the form, and shares feedback with the group.
- Any concerns should be immediately communicated to [support@magdalenahealing.com](mailto:support@magdalenahealing.com).